



somnium

# THE MATTRESS WITH BENEFITS

Science, sustainability and style – it's all right here beneath the sheets for you.

Please follow these six easy tips to get the most out of your new Somnium:

- Allow your body at least two weeks to adjust to the change in firmness and support.
- The mattress is dual-sided; please take advantage and flip it once a quarter. Alternating between head-over-foot and side-over-side flips is ideal.
- Wash the outer cover as needed to keep your bed pristine for years to come. Simply zip off the top half, wash and replace it.
- Wash the other half after your next quarterly flip. Trust us, it's much easier than handling the entire cover at once.
- Always store an unboxed mattress horizontally.
- Don't bend or roll up your mattress or jump on it.

Thank you for joining the Somnium family!



Machine wash warm,  
gentle cycle



Line Dry, if possible



Do not bleach



Do not iron



Dry cleaning possible